

FOLIAS  
Canary Islands, Spain

Learned from Senorita Marta Padilla by Anthony Ivancich in Madrid, March 1963. By tradition three folias are done consecutively in a medley-- however, each varies in tempo and may resemble a different dance altogether. Maestra Padilla says of the Folias, "The Folia is the most important song of the Canary Islands. It is passionate and idyllic, reflecting the true temperament of the feelings of the fortunate inhabitants of the Blessed Islands. At the same time, it is a gentle and witty dance. It possesses a special fixed form, and its harmonic form is stereotyped." Here follows a Folia:

MUSIC: Special Cut Record 345-A.

FORMATION: Any number of couples, ptrs facing each other in a single circle, M facing CW, W facing CCW.

ARMS: Movement of arms is described for M. W use opp arms. Start with the R arm up to the side and the L arm down to the side. Hold this pos for the 1st meas. In the 2nd meas reverse arms, L arm up, R arm down. In the 3rd meas arms are in original pos. This sequence repeats every three meas. The arms are rounded and natural at all times.

MUSIC 6/4	PATTERN
Meas Ct	(Pattern described for M, W use opp ft)
3 chords	INTRODUCTION
1	6 No movement
	1 No movement
	2 Touch R ft beside L -- do not take wt.
	& Lift R leg slightly from floor with heel close to L calf.
	*3 Facing ptr, step on R ft to R.
	4 Hold
	5 Step to L on L, turning 1/4 turn CW to face ctr.
	6 Step R ft to R.
2	1 Step on L ft and pivot 3/4 turn CCW on L. Ptr are now back to back.
	2 Stop turn by touching R ft to floor.
	& Lift R leg as in meas 1, ct 2&.
	3 Step on R ft to R.
	4 Hold.
	5 Step on L ft and pivot 3/4 turn CW on L to face ctr of circle.
	6 Take wt on R ft stopping pivot.
3	1 Step on L ft turning 1/4 CCW to face ptr.
	2 Touch R ft beside L--do not take wt.
	& Lift R leg as in meas 1, ct 2&.
	3 Step on R ft to R.

FOLIAS (continued)

Meas Ct

- 4    Hold.
- 5    Step L starting a small circle CCW.
- 6    Step R almost finishing the circle.
  
- 4    1    Step L finishing circle to face ptr.
- 2    Touch R ft beside L--do not take wt.
- &    Lift R leg as in meas 1, ct 2&.
- 3    Step on R ft to R.
- 4    Hold.
- 5    Step on L ft turning 1/4 CW to face ctr of circle.
- 6    Step on R ft turning 1/4 to face R hand W.
  
- 5    1    Step on L fwd.
- 2    Touch R beside L--do not take wt.
- &    Lift R leg as in meas 1, ct 2&.
- 3    Step on R ft to R.
- 4    Hold.

MAN'S PART

- 5    Step on L ft turning 1/2 CW.
- 6    Step on R ft passing ptr (L hand W) with R shoulders.
  
- 1    1    Step on L ft and end facing a new ptr.
- 2    Touch R ft beside L--do not take wt.
- &+    Lift R leg slightly from floor with heel close to L calf.

WOMAN'S PART

- 5    Step on R ft turning 1/4 CW to face ctr of circle.
- 6    Step on L ft turning 1/4 CW and passing ptr with R shoulders.

- 1    1    Step on R ft and end facing a new ptr.
- 2    Touch L ft beside R--do not take wt.
- &+    Lift L leg slightly from floor with heel close to L calf.

+Repeat dance from \* until end of music.